

WINTER

Brussel Sprouts  
Cabbage  
Carrots  
Celery  
Onions  
Leeks  
Potatoes



Pumpkins  
Radishes  
Greens (Spinach, Arugula, Lettuce, Kale, Swiss Chard, Collards)  
Turnips  
Winter Squash  
Apples (early winter)



SPRING



Asparagus  
Beets  
Celery  
Spring Onions  
Greens (Arugula, Lettuce, Kale, Spinach, Swiss Chard)  
Peas  
Peppers  
Turnips  
Rhubarb  
Strawberries



SUMMER

Artichokes (limited availability)  
Greens (Arugula, Collards, Kale, Lettuce, Spinach, Swiss Chard)

Beets  
Broccoli  
Cabbage  
Carrots  
Cauliflower  
Celery  
Cucumber  
Eggplant  
Garlic  
Beans  
Onions  
Peppers  
Okra  
Peas  
Potatoes  
Radishes  
Summer Squash  
Sweet Corn  
Tomatoes  
Turnips  
Zucchini  
Apples  
Apricots  
Blackberries  
Blueberries  
Boysenberries  
Cherries  
Currants  
Figs  
Melons  
Peaches  
Raspberries  
Strawberries  
Watermelon

FALL

Beets  
Broccoli  
Cabbage  
Carrots  
Cauliflower  
Celery  
Greens (Arugula, Collards, Kale, Lettuce, Spinach, Swiss Chard)

Cucumber  
Eggplant  
Garlic  
Gourds  
Beans  
Onions  
Peppers  
Leeks  
Peas  
Potatoes  
Pumpkins  
Summer Squash  
Sweet Corn  
Tomatoes  
Turnips  
Winter Squash  
Zucchini  
Apples  
Pears  
Plums  
Melons

